

# Instructions after Routine Dental Treatment

- Routine dental treatment consists of fillings, root canals, crowns, bridges, or veneers. Your anesthesia will wear off in approximately 1-3 hours after your visit. Be extremely careful not to chew on the numb side until the anesthesia wears off. This will help prevent you from biting your lip, cheek, or tongue.
- If you have no allergies, you may want to consider taking ibuprofen (Advil, Motrin) prior to completely coming off the anesthesia to help reduce swelling and pain.
- It is normal for teeth to be sensitive to hot, cold, or pressure for a couple of weeks after treatment. If symptoms do persist, please contact the office.
- If the doctor prescribed you antibiotics, you should take the prescription until it is completely gone unless otherwise instructed. Take pain medication only as needed per the instructions.
- Patients who have had a crown/bridge should take extreme caution to not lose their temporary crown/bridge. If your temporary crown becomes loose or comes off at any time, please call the office immediately.
- If your temporary does fall off and you are unable to come in or reach our office, please gently place your temporary back onto your tooth (you cannot put your temporary back on incorrectly because it will only fit one way).